

| Pl | Name | Zeit | | | | | | | | | | | | | | | | | | | | |
|------------------|--|--------------------|--------------|--------------|--------------|--------------|--------------|--------------|--------------|--------------|--------------|--------------|--------------|--------------|--------------|--------------|------|------|--|--|--|--|
| D-10 (2) | | 1.7 km 7 P | | | | | | | | | | | | | | | | | | | | |
| | | 1(150) | 2(151) | 3(152) | 4(153) | 5(154) | 6(155) | 7(199) | Z | | | | | | | | | | | | | |
| 1 | Powik, Lene OK Mark Brandenburg | 39:29 | 3:44 | 16:25 | 19:58 | 26:21 | 32:08 | 37:38 | 39:05 | 39:29 | | | | | | | | 7:56 | | | | |
| | | | 3:44 | 12:41 | 3:33 | 6:23 | 5:47 | 5:30 | 1:27 | 0:24 | | | | | | | | *157 | | | | |
| | Lange, Linda Volkssport Berlin | Fehlst | 3:04 | ---- | 6:46 | 25:05 | 29:51 | 32:55 | 34:15 | 37:05 | | | | | | | | | | | | |
| | | | 3:04 | | 3:42 | 18:19 | 4:46 | 3:04 | 1:20 | 2:50 | | | | | | | | | | | | |
| D-18 (2) | | 4.5 km 13 P | | | | | | | | | | | | | | | | | | | | |
| | | 1(150) | 2(169) | 3(161) | 4(170) | 5(171) | 6(172) | 7(162) | 8(160) | 9(159) | 10(158) | 11(164) | 12(165) | 13(199) | Z | | | | | | | |
| 1 | Leonhardt, Charlotte SV IHW Alex 78 Berlin | 43:05 | 3:58 | 6:33 | 10:12 | 10:38 | 14:32 | 14:55 | 19:32 | 24:15 | 28:43 | 32:53 | 34:59 | 40:43 | 42:46 | 43:05 | 0:19 | | | | | |
| | | | 3:58 | 2:35 | 3:39 | 0:26 | 3:54 | 0:23 | 4:37 | 4:43 | 4:28 | 4:10 | 2:06 | 5:44 | 2:03 | 43:50 | 0:19 | | | | | |
| 2 | Fillinger, Elena Köpenicker SC | 43:50 | 2:03 | 5:07 | 8:52 | 9:25 | 13:22 | 13:52 | 17:35 | 21:58 | 27:05 | 31:30 | 33:23 | 41:27 | 43:32 | 43:50 | 0:18 | | | | | |
| | | | 2:03 | 3:04 | 3:45 | 0:33 | 3:57 | 0:30 | 3:43 | 4:23 | 5:07 | 4:25 | 1:53 | 8:04 | 2:05 | 0:18 | | | | | | |
| D19- (4) | | 5.9 km 16 P | | | | | | | | | | | | | | | | | | | | |
| | | 1(150) | 2(161) | 3(170) | 4(176) | 5(175) | 6(151) | 7(165) | 8(159) | 9(158) | 10(164) | 11(162) | 12(172) | 13(171) | 14(160) | | | | | | | |
| | | 15(163) | 16(199) | Z | | | | | | | | | | | | | | | | | | |
| 1 | Leonhardt, Annette SV IHW Alex 78 Berlin | 57:24 | 2:32 | 5:45 | 6:21 | 10:39 | 11:37 | 17:07 | 23:48 | 29:27 | 33:33 | 39:06 | 43:56 | 44:27 | 53:04 | 8:37 | | | | | | |
| | | | 2:32 | 3:13 | 0:36 | 4:18 | 0:58 | 5:30 | 6:41 | 5:39 | 4:06 | 2:00 | 3:33 | 4:50 | 0:31 | 8:37 | | | | | | |
| | | | 55:16 | 57:00 | 57:24 | | | | | | | | | | | | | | | | | |
| | | | 2:12 | 1:44 | 0:24 | | | | | | | | | | | | | | | | | |
| 2 | Powik, Carmen OK Mark Brandenburg | 59:06 | 2:59 | 6:16 | 7:43 | 11:17 | 12:00 | 18:55 | 24:17 | 31:52 | 36:01 | 37:45 | 42:21 | 46:40 | 47:00 | 55:54 | 8:54 | | | | | |
| | | | 2:59 | 3:17 | 1:27 | 3:34 | 0:43 | 6:55 | 5:22 | 7:35 | 4:09 | 1:44 | 4:36 | 4:19 | 0:20 | 8:54 | | | | | | |
| | | | 57:23 | 58:47 | 59:06 | | | | | | | | | | | | | | | | | |
| | | | 1:29 | 1:24 | 0:19 | | | | | | | | | | | | | | | | | |
| 3 | Kapischke, Solveig OK Mark Brandenburg | 71:42 | 4:55 | 8:11 | 8:45 | 13:01 | 14:18 | 25:33 | 32:23 | 39:44 | 44:23 | 46:20 | 53:51 | 58:18 | 58:39 | 66:50 | 8:11 | | | | | |
| | | | 4:55 | 3:16 | 0:34 | 4:16 | 1:17 | 11:15 | 6:50 | 7:21 | 4:39 | 1:57 | 7:31 | 4:27 | 0:21 | 8:11 | | | | | | |
| | | | 69:29 | 71:17 | 71:42 | | | | | | | | | | | | | | | | | |
| | | | 2:39 | 1:48 | 0:25 | | | | | | | | | | | | | | | | | |
| AK | Lange, Udo SV IHW Alex 78 Berlin | 54:56 | 3:18 | 5:39 | 6:00 | 8:57 | 17:00 | 24:36 | 28:33 | 32:28 | 35:33 | 36:59 | 39:19 | 44:00 | 44:21 | 51:04 | 6:43 | | | | | |
| | | | 3:18 | 2:21 | 0:21 | 2:57 | 8:03 | 7:36 | 3:57 | 3:55 | 3:05 | 1:26 | 2:20 | 4:41 | 0:21 | 6:43 | | | | | | |
| | | | 52:48 | 54:34 | 54:56 | | | | | | | | | | | | | | | | | |
| | | | 1:44 | 1:46 | 0:22 | | | | | | | | | | | | | | | | | |
| H-14 (4) | | 3.4 km 8 P | | | | | | | | | | | | | | | | | | | | |
| | | 1(150) | 2(161) | 3(153) | 4(160) | 5(159) | 6(158) | 7(162) | 8(199) | Z | | | | | | | | | | | | |
| 1 | Quabeck, Anton Berliner Turnerschaft | 36:10 | 2:14 | 7:57 | 9:37 | 13:33 | 18:41 | 23:49 | 29:57 | 35:51 | 36:10 | | | | | | | | | | | |
| | | | 2:14 | 5:43 | 1:40 | 3:56 | 5:08 | 5:08 | 6:08 | 5:54 | 0:19 | | | | | | | | | | | |
| 2 | Tovchigrechko, Maria SV IHW Alex 78 Berlin | 39:20 | 3:29 | 9:52 | 11:56 | 15:41 | 21:39 | 25:59 | 33:02 | 39:02 | 39:20 | | | | | | | | | | | |
| | | | 3:29 | 6:23 | 2:04 | 3:45 | 5:58 | 4:20 | 7:03 | 6:00 | 0:18 | | | | | | | | | | | |
| 3 | Lange, Jonas SV IHW Alex 78 Berlin | 39:47 | 2:56 | 6:04 | 7:42 | 9:48 | 25:16 | 29:03 | 33:32 | 39:25 | 39:47 | | | | | | | | | | | |
| | | | 2:56 | 3:08 | 1:38 | 2:06 | 15:28 | 3:47 | 4:29 | 5:53 | 0:22 | | | | | | | | | | | |
| 4 | Kumbier, Lionel Berliner Turnerschaft | 58:51 | 3:33 | 9:16 | 11:05 | 22:42 | 29:19 | 42:26 | 52:45 | 58:35 | 58:51 | | | | | | | | | | | |
| | | | 3:33 | 5:43 | 1:49 | 11:37 | 6:37 | 13:07 | 10:19 | 5:50 | 0:16 | | | | | | | | | | | |
| H-18 (3) | | 5.9 km 16 P | | | | | | | | | | | | | | | | | | | | |
| | | 1(150) | 2(161) | 3(170) | 4(176) | 5(175) | 6(151) | 7(165) | 8(159) | 9(158) | 10(164) | 11(162) | 12(172) | 13(171) | 14(160) | | | | | | | |
| | | 15(163) | 16(199) | Z | | | | | | | | | | | | | | | | | | |
| | Kapischke, Arne OK Mark Brandenburg | Fehlst | ---- | 5:45 | 6:07 | 9:13 | 14:29 | 18:32 | 22:50 | 27:03 | 30:14 | 32:24 | 35:14 | 40:31 | 40:49 | 49:07 | 8:18 | | | | | |
| | | | | 5:45 | 0:22 | 3:06 | 5:16 | 4:03 | 4:18 | 4:13 | 3:11 | 2:10 | 2:50 | 5:17 | 0:18 | 8:18 | | | | | | |
| | | | 50:13 | 51:45 | 52:09 | | | | | | | | | | | | | | | | | |
| | | | 1:06 | 1:32 | 0:24 | | | | | | | | | | | | | | | | | |
| AK | Jensch, Fred OK Mark Brandenburg | 67:16 | 3:22 | 8:28 | 18:33 | 21:54 | 23:55 | 28:35 | 33:33 | 41:20 | 44:42 | 46:25 | 49:23 | 53:59 | 54:17 | 62:03 | 7:46 | | | | | |
| | | | 3:22 | 5:06 | 10:05 | 3:21 | 2:01 | 4:40 | 4:58 | 7:47 | 3:22 | 1:43 | 2:58 | 4:36 | 0:18 | 7:46 | | | | | | |
| | | | 65:17 | 66:54 | 67:16 | | | | | | | | | | | | | | | | | |
| | | | 3:14 | 1:37 | 0:22 | | | | | | | | | | | | | | | | | |
| AK | Dube-Spuhn, Michael TSV Karlshorst | 48:21 | 2:35 | 5:29 | 5:53 | 9:11 | 12:12 | 17:26 | 21:51 | 26:38 | 29:58 | 31:32 | 34:40 | 38:06 | 38:30 | 44:52 | 6:22 | | | | | |
| | | | 2:35 | 2:54 | 0:24 | 3:18 | 3:01 | 5:14 | 4:25 | 4:47 | 3:20 | 1:34 | 3:08 | 3:26 | 0:24 | 6:22 | | | | | | |
| | | | 46:32 | 47:59 | 48:21 | | | | | | | | | | | | | | | | | |
| | | | 1:40 | 1:27 | 0:22 | | | | | | | | | | | | | | | | | |
| H19- (16) | | 9.7 km 25 P | | | | | | | | | | | | | | | | | | | | |
| | | 1(150) | 2(173) | 3(159) | 4(165) | 5(166) | 6(167) | 7(168) | 8(165) | 9(169) | 10(164) | 11(177) | 12(178) | 13(179) | 14(162) | | | | | | | |
| | | 15(172) | 16(171) | 17(170) | 18(157) | 19(151) | 20(175) | 21(176) | 22(161) | 23(163) | 24(165) | 25(199) | Z | | | | | | | | | |
| 1 | Röhner, Uwe SV IHW Alex 78 Berlin | 77:55 | 4:08 | 10:04 | 11:10 | 15:34 | 19:07 | 20:24 | 22:09 | 25:24 | 27:54 | 30:59 | 32:57 | 37:59 | 39:45 | 47:57 | 8:12 | | | | | |
| | | | 4:08 | 5:56 | 1:06 | 4:24 | 3:33 | 1:17 | 1:45 | 3:15 | 2:30 | 3:05 | 1:58 | 5:02 | 1:46 | 8:12 | | | | | | |
| | | | 51:53 | 52:15 | 56:44 | 58:30 | 59:46 | 64:21 | 65:12 | 69:00 | 71:35 | 75:32 | 77:38 | 77:55 | | | | | | | | |
| | | | 3:56 | 0:22 | 4:29 | 1:46 | 1:16 | 4:35 | 0:51 | 3:48 | 2:35 | 3:57 | 2:06 | 0:17 | | | | | | | | |
| 2 | Distler, Carl W. Berliner TSC | 78:24 | 3:25 | 10:04 | 11:07 | 15:21 | 18:45 | 20:07 | 22:10 | 25:42 | 28:44 | 31:42 | 33:43 | 38:41 | 42:15 | 48:55 | 6:40 | | | | | |
| | | | 3:25 | 6:39 | 1:03 | 4:14 | 3:24 | 1:22 | 2:03 | 3:32 | 3:02 | 2:58 | 2:01 | 4:58 | 3:34 | 6:40 | | | | | | |
| | | | 52:28 | 52:50 | 57:27 | 59:37 | 60:49 | 66:10 | 66:54 | 70:43 | 73:08 | 75:15 | 78:03 | 78:24 | | | | | | | | |
| | | | 3:33 | 0:22 | 4:37 | 2:10 | 1:12 | 5:21 | 0:44 | 3:49 | 2:25 | 2:07 | 2:48 | 0:21 | | | | | | | | |
| 3 | Weiss, Jan SV IHW Alex 78 Berlin | 81:07 | 3:46 | 10:59 | 12:25 | 18:55 | 22:25 | 23:53 | 25:32 | 28:34 | 31:25 | 34:23 | 36:09 | 41:18 | 43:07 | 50:11 | 7:04 | | | | | |
| | | | 3:46 | 7:13 | 1:26 | 6:30 | 3:30 | 1:28 | 1:39 | 3:02 | 2:51 | 2:58 | 1:46 | 5:09 | 1:49 | 7:04 | | | | | | |
| | | | 53:37 | 53:57 | 57:41 | 59:53 | 61:19 | 65:26 | 67:21 | 71:03 | 73:58 | 78:45 | 80:52 | 81:07 | | | | | | | | |
| | | | 3:26 | 0:20 | 3:44 | 2:12 | 1:26 | 4:07 | 1:55 | 3:42 | 2:55 | 4:47 | 2:07 | 0:15 | | | | | | | | |
| 4 | Schütz, Benno ESV Lok Berlin-Schöne | 82:43 | 3:18 | 9:08 | 10:06 | 14:28 | 17:58 | 19:16 | 22:03 | 25:15 | 27:41 | 34:46 | 37:29 | 42:38 | 44:30 | 51:17 | 6:47 | | | | | |
| | | | 3:18 | 5:50 | 0:58 | 4:22 | 3:30 | 1:18 | 2:47 | 3:12 | 2:26 | 7:05 | 2:43 | 5:09 | 1:52 | 6:47 | | | | | | |
| | | | 55:15 | 55:39 | 61:03 | 63:00 | 64:06 | 68:48 | 70:12 | 74:18 | 77:15 | 80:18 | 82:21 | 82:43 | | | | | | | | |
| | | | 3:58 | 0:24 | 5:24 | 1:57 | 1:06 | 4:42 | 1:24 | 4:06 | 2:57 | 3:03 | 2:03 | 0:22 | | | | | | | | |
| 5 | Schenker, Moritz SV IHW Alex 78 Berlin | 85:07 | 4:29 | 10:47 | 12:26 | 17:34 | 21:33 | 22:56 | 24:35 | 28:26 | 31:28 | 34:40 | 37:18 | 43:27 | 45:16 | 51:26 | 6:10 | | | | | |
| | | | 4:29 | 6:18 | 1:39 | 5:08 | 3:59 | 1:23 | 1:39 | 3:51 | 3:02 | 3:12 | 2:38 | 6:09 | 1:49 | 6:10 | | | | | | |
| | | | 55:16 | 55:33 | 62:48 | 66:39 | 67:56 | 72:29 | 73:29 | 77:35 | 79:54 | 82:10 | 84:42 | 85:07 | | | | | | | | |
| | | | 3:50 | 0:17 | 7:15 | 3:51 | 1:17 | 4:33 | 1:00 | 4:06 | 2:19 | 2:16 | 2:32 | 0:25 | | | | | | | | |

| Pl | Name | Zeit | | | | | | | | | | | | | | |
|------------------|---|--------|--------------------|-------------|-------------|-----------------|--------------|--------------|--------------|--------------|--------------|--------------|--------------|--------------|--------------|--------------|
| H19- (16) | | | 9.7 km 25 P | | | (Forts.) | | | | | | | | | | |
| | | | 1(150) | 2(173) | 3(159) | 4(165) | 5(166) | 6(167) | 7(168) | 8(165) | 9(169) | 10(164) | 11(177) | 12(178) | 13(179) | 14(162) |
| | | | 15(172) | 16(171) | 17(170) | 18(157) | 19(151) | 20(175) | 21(176) | 22(161) | 23(163) | 24(165) | 25(199) | Z | | |
| 6 | Schwartz, Matthias Berliner Turnerschaft | 86:50 | 9:01 | 15:06 | 16:20 | 20:53 | 24:59 | 26:34 | 28:07 | 31:15 | 39:42 | 42:25 | 44:09 | 48:31 | 50:28 | 55:59 |
| | | | 9:01 | 6:05 | 1:14 | 4:33 | 4:06 | 1:35 | 1:33 | 3:08 | 8:27 | 2:43 | 1:44 | 4:22 | 1:57 | 5:31 |
| | | | 58:55 | 59:14 | 63:06 | 64:40 | 65:49 | 73:56 | 74:45 | 78:06 | 80:53 | 84:33 | 86:36 | 86:50 | | |
| | | | 2:56 | 0:19 | 3:52 | 1:34 | 1:09 | 8:07 | 0:49 | 3:21 | 2:47 | 3:40 | 2:03 | 0:14 | | |
| 7 | Gärtner, Thomas Kaulsdorfer OLV Berlin | 89:11 | 5:23 | 11:41 | 13:09 | 18:32 | 25:09 | 26:37 | 28:19 | 33:53 | 36:15 | 39:15 | 41:43 | 47:09 | 48:55 | 54:59 |
| | | | 5:23 | 6:18 | 1:28 | 5:23 | 6:37 | 1:28 | 1:42 | 5:34 | 2:22 | 3:00 | 2:28 | 5:26 | 1:46 | 6:04 |
| | | | 58:40 | 59:06 | 62:24 | 64:07 | 65:23 | 74:33 | 75:56 | 80:04 | 83:34 | 86:31 | 88:54 | 89:11 | | |
| | | | 3:41 | 0:26 | 3:18 | 1:43 | 1:16 | 9:10 | 1:23 | 4:08 | 3:30 | 2:57 | 2:23 | 0:17 | | |
| 8 | Braatz, Frank SV IHW Alex 78 Berlin | 95:40 | 3:10 | 11:08 | 12:17 | 18:40 | 23:13 | 24:46 | 26:41 | 31:13 | 35:11 | 40:27 | 43:10 | 49:47 | 54:51 | 62:49 |
| | | | 3:10 | 7:58 | 1:09 | 6:23 | 4:33 | 1:33 | 1:55 | 4:32 | 3:58 | 5:16 | 2:43 | 6:37 | 5:04 | 7:58 |
| | | | 67:10 | 67:39 | 71:54 | 74:01 | 75:38 | 81:18 | 82:14 | 87:03 | 90:17 | 92:55 | 95:13 | 95:40 | | |
| | | | 4:21 | 0:29 | 4:15 | 2:07 | 1:37 | 5:40 | 0:56 | 4:49 | 3:14 | 2:38 | 2:18 | 0:27 | | |
| 9 | Jänich, Isabell Kaulsdorfer OLV Berlin | 102:04 | 4:10 | 12:39 | 14:25 | 19:07 | 23:42 | 25:02 | 27:22 | 35:16 | 41:21 | 45:04 | 47:52 | 53:39 | 55:57 | 66:28 |
| | | | 4:10 | 8:29 | 1:46 | 4:42 | 4:35 | 1:20 | 2:20 | 7:54 | 6:05 | 3:43 | 2:48 | 5:47 | 2:18 | 10:31 |
| | | | 71:09 | 71:37 | 75:19 | 77:23 | 78:43 | 86:16 | 88:00 | 92:30 | 95:37 | 99:31 | 101:41 | 102:04 | | |
| | | | 4:41 | 0:28 | 3:42 | 2:04 | 1:20 | 7:33 | 1:44 | 4:30 | 3:07 | 3:54 | 2:10 | 0:23 | | |
| 10 | Mieske, Frank Kaulsdorfer OLV Berlin | 103:57 | 4:13 | 11:56 | 13:47 | 26:12 | 33:56 | 35:48 | 38:00 | 42:27 | 45:27 | 49:49 | 52:18 | 59:04 | 63:30 | 70:08 |
| | | | 4:13 | 7:43 | 1:51 | 12:25 | 7:44 | 1:52 | 2:12 | 4:27 | 3:00 | 4:22 | 2:29 | 6:46 | 4:26 | 6:38 |
| | | | 74:37 | 74:58 | 79:51 | 81:56 | 83:32 | 88:09 | 89:05 | 93:29 | 97:50 | 101:17 | 103:36 | 103:57 | | |
| | | | 4:29 | 0:21 | 4:53 | 2:05 | 1:36 | 4:37 | 0:56 | 4:24 | 4:21 | 3:27 | 2:19 | 0:21 | | |
| 11 | Trappe, Kathrin TOLF Berlin | 110:02 | 3:51 | 12:18 | 14:21 | 23:53 | 29:23 | 30:58 | 33:24 | 37:45 | 41:16 | 45:15 | 47:46 | 57:04 | 59:45 | 68:58 |
| | | | 3:51 | 8:27 | 2:03 | 9:32 | 5:30 | 1:35 | 2:26 | 4:21 | 3:31 | 3:59 | 2:31 | 9:18 | 2:41 | 9:13 |
| | | | 73:43 | 74:10 | 83:03 | 85:18 | 86:58 | 92:48 | 94:22 | 99:41 | 103:01 | 106:56 | 109:37 | 110:02 | | |
| | | | 4:45 | 0:27 | 8:53 | 2:15 | 1:40 | 5:50 | 1:34 | 5:19 | 3:20 | 3:55 | 2:41 | 0:25 | | |
| 12 | Hauser, Stefan kein Verein | 113:00 | 6:52 | 16:29 | 18:05 | 27:07 | 32:53 | 34:30 | 36:46 | 43:04 | 46:02 | 50:43 | 54:01 | 61:29 | 64:05 | 71:27 |
| | | | 6:52 | 9:37 | 1:36 | 9:02 | 5:46 | 1:37 | 2:16 | 6:18 | 2:58 | 4:41 | 3:18 | 7:28 | 2:36 | 7:22 |
| | | | 75:54 | 76:22 | 83:58 | 86:55 | 88:36 | 93:41 | 95:05 | 100:30 | 103:22 | 107:08 | 112:42 | 113:00 | | |
| | | | 4:27 | 0:28 | 7:36 | 2:57 | 1:41 | 5:05 | 1:24 | 5:25 | 2:52 | 3:46 | 5:34 | 0:18 | | |
| 13 | Großmann, Michael kein Verein | 122:17 | 6:48 | 19:28 | 21:23 | 31:46 | 37:38 | 39:16 | 44:49 | 50:18 | 54:57 | 59:27 | 62:14 | 68:03 | 71:01 | 83:59 |
| | | | 6:48 | 12:40 | 1:55 | 10:23 | 5:52 | 1:38 | 5:33 | 5:29 | 4:39 | 4:30 | 2:47 | 5:49 | 2:58 | 12:58 |
| | | | 87:55 | 88:12 | 91:42 | 93:34 | 95:05 | 103:38 | 104:42 | 108:59 | 115:36 | 119:02 | 121:50 | 122:17 | | |
| | | | 3:56 | 0:17 | 3:30 | 1:52 | 1:31 | 8:33 | 1:04 | 4:17 | 6:37 | 3:26 | 2:48 | 0:27 | | |
| 14 | Dirr, Florian kein Verein | 132:00 | 7:46 | 16:19 | 19:09 | 27:25 | 34:09 | 36:17 | 38:37 | 43:27 | 47:56 | 52:07 | 55:30 | 64:03 | 68:52 | 77:17 |
| | | | 7:46 | 8:33 | 2:50 | 8:16 | 6:44 | 2:08 | 2:20 | 4:50 | 4:29 | 4:11 | 3:23 | 8:33 | 4:49 | 8:25 |
| | | | 83:15 | 83:40 | 91:27 | 96:21 | 98:06 | 105:00 | 112:04 | 116:49 | 121:25 | 127:00 | 131:39 | 132:00 | | |
| | | | 5:58 | 0:25 | 7:47 | 4:54 | 1:45 | 6:54 | 7:04 | 4:45 | 4:36 | 5:35 | 4:39 | 0:21 | | |
| 15 | Geissler, Robert kein Verein | 142:28 | 7:38 | 15:27 | 17:46 | 44:14 | 50:27 | 52:59 | 55:15 | 68:07 | 71:54 | 75:30 | 77:58 | 85:11 | 89:40 | 97:45 |
| | | | 7:38 | 7:49 | 2:19 | 26:28 | 6:13 | 2:32 | 2:16 | 12:52 | 3:47 | 3:36 | 2:28 | 7:13 | 4:29 | 8:05 |
| | | | 102:11 | 102:37 | 108:49 | 114:29 | 116:03 | 121:35 | 122:44 | 128:12 | 131:34 | 136:58 | 142:08 | 142:28 | | |
| | | | 4:26 | 0:26 | 6:12 | 5:40 | 1:34 | 5:32 | 1:09 | 5:28 | 3:22 | 5:24 | 5:10 | 0:20 | | |
| 16 | Thieme, Holger Kaulsdorfer OLV Berlin | 147:47 | 8:55 | 22:47 | 25:07 | 31:59 | 40:16 | 43:11 | 46:51 | 52:41 | 60:38 | 64:47 | 67:11 | 76:57 | 82:54 | 92:44 |
| | | | 8:55 | 13:52 | 2:20 | 6:52 | 8:17 | 2:55 | 3:40 | 5:50 | 7:57 | 4:09 | 2:24 | 9:46 | 5:57 | 9:50 |
| | | | 98:40 | 99:07 | 106:04 | 115:12 | 116:52 | 124:28 | 125:49 | 130:30 | 136:48 | 141:54 | 147:23 | 147:47 | | |
| | | | 5:56 | 0:27 | 6:57 | 9:08 | 1:40 | 7:36 | 1:21 | 4:41 | 6:18 | 5:06 | 5:29 | 0:24 | | |
| Blau (1) | | | 1.7 km 7 P | | | | | | | | | | | | | |
| | | | 1(150) | 2(151) | 3(152) | 4(153) | 5(154) | 6(155) | 7(199) | Z | | | | | | |
| 1 | Kapischke, Andreas OK Mark Brandenburg | 15:37 | 2:26 | 6:26 | 7:34 | 10:20 | 12:38 | 14:22 | 15:15 | 15:37 | | | | | | |
| | | | 2:26 | 4:00 | 1:08 | 2:46 | 2:18 | 1:44 | 0:53 | 0:22 | | | | | | |
| Rot (11) | | | 4.5 km 13 P | | | | | | | | | | | | | |
| | | | 1(150) | 2(169) | 3(161) | 4(170) | 5(171) | 6(172) | 7(162) | 8(160) | 9(159) | 10(158) | 11(164) | 12(165) | 13(199) | Z |
| 1 | Powik, Philipp OK Mark Brandenburg | 37:41 | 3:08 | 5:40 | 9:21 | 9:46 | 12:36 | 12:59 | 16:28 | 21:25 | 26:08 | 29:14 | 30:41 | 35:28 | 37:21 | 37:41 |
| | | | 3:08 | 2:32 | 3:41 | 0:25 | 2:50 | 0:23 | 3:29 | 4:57 | 4:43 | 3:06 | 1:27 | 4:47 | 1:53 | 0:20 |
| 2 | Jensch, Monika OK Mark Brandenburg | 50:44 | 3:02 | 5:56 | 9:54 | 10:28 | 14:27 | 15:02 | 20:30 | 25:19 | 30:57 | 35:12 | 37:23 | 43:39 | 50:19 | 50:44 |
| | | | 3:02 | 2:54 | 3:58 | 0:34 | 3:59 | 0:35 | 5:28 | 4:49 | 5:38 | 4:15 | 2:11 | 6:16 | 6:40 | 0:25 |
| 3 | Fillinger, Helmut SV IHW Alex 78 Berlin | 55:06 | 3:11 | 6:41 | 11:21 | 11:55 | 16:47 | 17:28 | 23:50 | 29:53 | 36:24 | 41:41 | 44:26 | 51:49 | 54:41 | 55:06 |
| | | | 3:11 | 3:30 | 4:40 | 0:34 | 4:52 | 0:41 | 6:22 | 6:03 | 6:31 | 5:17 | 2:45 | 7:23 | 2:52 | 0:25 |
| 4 | Plötz, Gerhard OLV Potsdam | 56:47 | 3:23 | 6:14 | 11:05 | 11:54 | 17:17 | 17:55 | 23:45 | 29:47 | 36:32 | 41:59 | 44:49 | 52:49 | 56:16 | 56:47 |
| | | | 3:23 | 2:51 | 4:51 | 0:49 | 5:23 | 0:38 | 5:50 | 6:02 | 6:45 | 5:27 | 2:50 | 8:00 | 3:27 | 0:31 |
| 5 | Walter, Harald SV IHW Alex 78 Berlin | 59:00 | 4:45 | 12:01 | 15:49 | 16:26 | 20:37 | 21:12 | 26:04 | 31:49 | 39:45 | 44:37 | 47:15 | 55:40 | 58:32 | 59:00 |
| | | | 4:45 | 7:16 | 3:48 | 0:37 | 4:11 | 0:35 | 4:52 | 5:45 | 7:56 | 4:52 | 2:38 | 8:25 | 2:52 | 0:28 |
| 6 | Shmakova, Alina SV IHW Alex 78 Berlin | 61:46 | 3:02 | 7:00 | 11:45 | 12:18 | 17:43 | 18:07 | 26:26 | 38:03 | 44:17 | 48:43 | 50:51 | 58:58 | 61:28 | 61:46 |
| | | | 3:02 | 3:58 | 4:45 | 0:33 | 5:25 | 0:24 | 8:19 | 11:37 | 6:14 | 4:26 | 2:08 | 8:07 | 2:30 | 0:18 |
| 7 | Brettschneider, Uwe Kaulsdorfer OLV Berlin | 64:50 | 3:29 | 8:45 | 12:02 | 12:26 | 15:13 | 18:55 | 22:18 | 25:33 | 31:51 | 37:45 | 52:53 | 61:16 | 64:28 | 64:50 |
| | | | 3:29 | 5:16 | 3:17 | 0:24 | 2:47 | 3:42 | 3:23 | 3:15 | 6:18 | 5:54 | 15:08 | 8:23 | 3:12 | 0:22 |
| 8 | Feldmann, Gudrun Kaulsdorfer OLV Berlin | 69:33 | 4:45 | 7:38 | 13:24 | 14:16 | 18:55 | 19:28 | 29:57 | 36:31 | 42:34 | 52:56 | 56:22 | 65:23 | 69:04 | 69:33 |
| | | | 4:45 | 2:53 | 5:46 | 0:52 | 4:39 | 0:33 | 10:29 | 6:34 | 6:03 | 10:22 | 3:26 | 9:01 | 3:41 | 0:29 |
| 9 | Campmany, Victor SV IHW Alex 78 Berlin | 70:52 | 2:56 | 10:14 | 15:25 | 15:56 | 22:10 | 22:31 | 26:24 | 33:07 | 39:31 | 51:01 | 53:44 | 68:23 | 70:29 | 70:52 |
| | | | 2:56 | 7:18 | 5:11 | 0:31 | 6:14 | 0:21 | 3:53 | 6:43 | 6:24 | 11:30 | 2:43 | 14:39 | 2:06 | 0:23 |
| 10 | Lenter, Juliane kein Verein | 104:46 | 5:06 | 9:25 | 33:08 | 33:43 | 40:17 | 40:50 | 46:27 | 58:21 | 65:04 | 85:02 | 87:32 | 100:39 | 104:24 | 104:46 |
| | | | 5:06 | 4:19 | 23:43 | 0:35 | 6:34 | 0:33 | 5:37 | 11:54 | 6:43 | 19:58 | 2:30 | 13:07 | 3:45 | 0:22 |
| | | | | 17:26 | 39:33 | 49:38 | 67:32 | 92:56 | 97:35 | | | | | | | |
| | | | | | | | | | | | | | | | | |

| Pl | Name | Zeit | | | | | | | | | |
|-----------|------------------------|------------|----------|--------|--------|--------|--------|--------|--------|--------|-------|
| Gelb (11) | | 3.4 km 8 P | (Forts.) | | | | | | | | |
| | | | 1(150) | 2(161) | 3(153) | 4(160) | 5(159) | 6(158) | 7(162) | 8(199) | Z |
| 2 | Schlingmann, Ruth | 42:30 | 3:09 | 7:20 | 9:48 | 13:23 | 20:57 | 26:43 | 33:51 | 41:58 | 42:30 |
| | Volkssport Berlin | | 3:09 | 4:11 | 2:28 | 3:35 | 7:34 | 5:46 | 7:08 | 8:07 | 0:32 |
| 3 | Fillinger, Rosemarie | 52:26 | 3:49 | 10:12 | 12:43 | 17:36 | 29:51 | 35:59 | 44:20 | 51:53 | 52:26 |
| | SV IHW Alex 78 Berlin | | 3:49 | 6:23 | 2:31 | 4:53 | 12:15 | 6:08 | 8:21 | 7:33 | 0:33 |
| 4 | Baujard, Yves | 53:57 | 3:11 | 8:25 | 11:19 | 16:25 | 25:19 | 35:17 | 43:21 | 53:27 | 53:57 |
| | SV IHW Alex 78 Berlin | | 3:11 | 5:14 | 2:54 | 5:06 | 8:54 | 9:58 | 8:04 | 10:06 | 0:30 |
| 5 | Mielecke, Kerstin | 54:53 | 2:28 | 13:00 | 15:35 | 20:07 | 29:21 | 37:12 | 45:17 | 54:23 | 54:53 |
| | Kaulsdorfer OLV Berlin | | 2:28 | 10:32 | 2:35 | 4:32 | 9:14 | 7:51 | 8:05 | 9:06 | 0:30 |
| 6 | Römhild, Gabi | 57:48 | 3:08 | 12:06 | 14:47 | 19:23 | 30:29 | 38:40 | 47:40 | 57:12 | 57:48 |
| | SV IHW Alex 78 Berlin | | 3:08 | 8:58 | 2:41 | 4:36 | 11:06 | 8:11 | 9:00 | 9:32 | 0:36 |
| 7 | Lemnitzer, Eberhard | 64:55 | 6:04 | 12:27 | 15:40 | 20:31 | 36:37 | 44:01 | 54:06 | 64:22 | 64:55 |
| | Kaulsdorfer OLV Berlin | | 6:04 | 6:23 | 3:13 | 4:51 | 16:06 | 7:24 | 10:05 | 10:16 | 0:33 |
| 8 | Münz-Zeise, Fenja | 69:59 | 4:22 | 27:31 | 29:55 | 34:44 | 41:41 | 51:09 | 61:00 | 68:38 | 69:59 |
| | Volkssport Berlin | | 4:22 | 23:09 | 2:24 | 4:49 | 6:57 | 9:28 | 9:51 | 7:38 | 1:21 |
| 9 | Lang, Christiane | 82:46 | 3:37 | 10:49 | 14:39 | 19:45 | 55:06 | 63:51 | 71:27 | 82:11 | 82:46 |
| | kein Verein | | 3:37 | 7:12 | 3:50 | 5:06 | 35:21 | 8:45 | 7:36 | 10:44 | 0:35 |
| | Herms, Michael | Fehlst | 5:32 | ---- | ---- | ---- | ---- | ---- | ---- | ---- | |
| | kein Verein | | 5:32 | | | | | | | | |
| AK | Feldmann, André | 45:48 | 2:58 | 7:12 | 9:38 | 14:18 | 21:33 | 26:41 | 37:41 | 45:20 | 45:48 |
| | Kaulsdorfer OLV Berlin | | 2:58 | 4:14 | 2:26 | 4:40 | 7:15 | 5:08 | 11:00 | 7:39 | 0:28 |